

# METHAMPHETAMINE



## WHAT IS METHAMPHETAMINE?

Methamphetamine is a highly addictive stimulant. Regular meth is a pill or powder. Crystal meth resembles glass fragments or shiny blue-white "rocks" of various sizes.

## STREET NAMES:

Batu, Biker's Coffee, Black Beauties, Chalk, Chicken Feed, Crank, Crystal, Glass, Go-Fast, Hiropen, Ice, Meth, Methlies Quick, Poor Man's Cocaine, Shabu, Shards, Speed, Stove Top, Tina, Trash, Tweak, Uppers, Ventana, Vidrio, Yaba, and Yellow Barn

## HOW IS IT USED?

Methamphetamine is swallowed, snorted, injected, or smoked.

## WHAT ARE THE HEALTH EFFECTS OF METH?

### Effects on the mind

Chronic meth users can exhibit violent behavior, anxiety, confusion, insomnia, and psychotic features including paranoia, aggression, mood disturbances, and delusions, such as the sensation of insects creeping on or under the skin. Such paranoia can result in homicidal or suicidal thoughts.

### Effects on the body

- Taking even small amounts of meth can result in increased wakefulness, increased physical activity, decreased appetite, rapid breathing and heart rate, irregular heartbeat, increased blood pressure, and hyperthermia (overheating).



- High doses can elevate body temperature to dangerous, sometimes lethal levels, and cause convulsions and even cardiovascular collapse and death from stroke, heart attack, or multiple organ problems caused by overheating.

## WHAT IS ITS ORIGIN?

Most of the meth distributed in the United States comes from Mexican drug trafficking organizations. Meth is also produced in the U.S. by clandestine laboratories, but usually on a smaller scale.

## DID YOU KNOW?

In 2020, 1.4% of 12 th graders used meth in the past year, and 0.8 used meth in the past 30 days. Source - 2020 Monitoring the Future Study



## FOR DRUG USE PREVENTION INFORMATION, VISIT DEA'S WEBSITES:

For parents, caregivers, and educators  
[GetSmartAboutDrugs.com](http://GetSmartAboutDrugs.com)

For college and university campuses  
[CampusDrugPrevention.gov](http://CampusDrugPrevention.gov)

For teens  
[JustThinkTwice.com](http://JustThinkTwice.com)